



6th European Meeting

European Spinal Psychologists Association

Fostering Coping and Psychosocial Adjustment Following Spinal Cord Injury

Vienna, Austria
May 7 and 8, 2015

PROGRAMME

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With the support
of the Austrian Workers'
Compensation Board



Congress organizer

European Spinal Psychologists Association (ESPA)



Austrian Workers' Compensation Board (AUVA)



Scientific committee

Professor Dr. Paul Kennedy, Chair of ESPA

Phone/Fax: +44 (0) 1296 31 58 23

paul.kennedy@hmc.ox.ac.uk

Professor Dr. Wilhelm Strubreither

Dr. Peter Lude

Dr. Magnus Elfström

Local organisation

MMag. Amra Causevic

Office for International Relations and Congress Management

Austrian Workers' Compensation Board (AUVA)

Adalbert-Stifter-Strasse 65

1200 Vienna

Phone: +43 5 93 93-20192

Fax: +43 5 93 93-20198

amra.causevic@auva.at

Registration and payment

Michaela Döller

Phone: +43 5 93 93-20196

michaela.doeller@auva.at

Congress language

The congress language is English. Workshop 1 is held in German.

Venue

Vienna Marriott Hotel

Parking 12A

1010 Vienna

Onsite: +43 1 51 518-6644

DFP credits and BÖP education points

The meeting will be approbated with DFP credits by the Austrian Medical Chamber and education points by the Professional Association of Austrian Psychologists (BÖP).

Welcome letter

Dear Delegate,

It is a great pleasure to welcome you to the 6th meeting of the European Spinal Psychologists Association (ESPA). We are delighted to be here in Vienna and very grateful to the Austrian Workers Compensation Board (AUVA) for their sponsorship of this meeting. We have an interesting and comprehensive scientific and professional programme of speakers, papers and workshops exploring coping and psychosocial adjustment following spinal cord injuries.

Peter, Magnus and I on behalf of ESPA would like to thank our hosts Professor Wilhelm Strubreither and Amra Causevic (AUVA) for their support with the programme and the organisation of this meeting. We would also like to thank **Professor Charles Bombardier**, Professor of Rehabilitation Medicine from the University of Washington, USA, for accepting our invitation to be our keynote speaker.

We are delighted that the **Anette Johansen-Quale Scholarship Award** has been given to Neus Rodriguez Corcoll from the Institut Guttmann in Barcelona, Spain.

On a very sad note, we will be dedicating this meeting to the memory of Mrs Linda Hall who was our founding secretary of the Association since 2005. She made a major contribution to the organisation of all of our meetings, including this one.

I am sure I can speak on behalf of all of us about our loss in relation to her excellent organisation, sense of humour and helpfulness. She will be greatly missed and our thoughts and condolence are extended to her family.

I hope you will be able to participate in the scientific, professional and social opportunities provided by this meeting and I trust you will enjoy your time here in Vienna.

With best wishes,
Yours sincerely,

Professor Paul Kennedy, Chair of ESPA
Stoke Mandeville Hospital and the University of Oxford, UK

Thursday, May 7, 2015

As of 08:00	Registration and wake-up coffee
09:00 – 09:30	Welcome and introduction
09:30 – 11:00	SCIENTIFIC SESSION 1: Adjustment and coping
11:00 – 11:30	Refresh and talk coffee break
11:30 – 12:40	SCIENTIFIC SESSION 2: Chronic pain
12:40 – 14:00	Lunch
14:00 – 16:00	WORKSHOPS WORKSHOP 1: The subtle processes of coping (in German) WORKSHOP 2: Developing a checklist to formulate psychosocial treatment goals in SCI WORKSHOP 3: Managing challenging behaviour
16:00 – 16:30	Refresh and talk coffee break
As of 16:30	Book presentation "Clinical psychology in spinal cord injury"
As of 18:30	Networking dinner

Programme overview

Friday, May 8, 2015

As of 08:30	Registration and wake-up coffee
09:30 – 10:50	SCIENTIFIC SESSION 3: Resilience, hope and rehabilitation
10:50 – 11:15	Refresh and talk coffee break
11:15 – 12:30	KEYNOTE SPEECH: Depression after SCI: State of the science and clinical implications
12:30 – 14:00	Lunch and poster viewing

14:00 – 15:40	SCIENTIFIC SESSION 4: Qualitative research and adjustment in SCI
As of 15:40	Closing remarks

Saturday, May 9, 2015

As of 10:00	Guided tour through "Vienna for psychologists" (optional)
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Programme overview

Scientific programme

Thursday, May 7, 2015

As of 08:00 Registration and wake-up coffee

09:00 – 09:30 **Welcome and introduction**
Professor Paul Kennedy, ESPA-Chair, United Kingdom
Professor Wilhelm Strubreither, Austria

SESSION 1

09:30 – 11:00 **SCIENTIFIC SESSION 1**
Adjustment and coping
Chair: Professor Wilhelm Strubreither

09:30 – 10:00 **Personality and vocational interest patterns
in traumatic SCI – implications for fostering
adjustment**
Daniel Rohe, PhD, Consultant in Psychology,
Mayo Clinic, Rochester, Minnesota, United States

10:00 – 10:20 **The subtle processes of coping**
Peter Lude, PhD, Specialist in Psychotherapy, Lecturer in
Rehabilitation Psychology at Zurich University of Applied
Sciences and Private Practice, Bad Zurzach, Switzerland

10:20 – 10:40 **Danish norms for appraisal of disability:
primary and secondary scale (ADAPSS)
in the spinal cord injured**
Sara Molsen, Clinical Psychologist, Spinal Cord Injury
Centre of Western Denmark, Viborg, Denmark

10:40 – 11:00 **Psychological impact of coping strategies
following spinal cord injury: a 20-year review**
Paul Kennedy, Consultant Clinical Psychologist/
Professor of Clinical Psychology, National Spinal
Injuries Centre, Aylesbury and University of Oxford,
United Kingdom

11:00 – 11:30 Refresh and talk coffee break

Scientific programme

Thursday, May 7, 2015

11:30 – 12:40

SCIENTIFIC SESSION 2

Chronic pain

Chair: Professor Paul Kennedy

SESSION 2

11:30 – 12:00

The Annette Johansen Quale – 2015 Scholarship:

**Predictive factors of neuropathic pain treatment
following spinal cord injury**

Neus Rodriguez Corcoll, PhD Student in Clinical
Psychology, Institute Guttmann Neurorehabilitation
Hospital, Barcelona, Spain

12:00 – 12:20

Effects of a tailored positive psychology intervention on well-being and pain in individuals with chronic pain and a physical disability: a feasibility trial

Rachel Müller, Clinical Psychologist, Post-doctoral
research fellow, Swiss Paraplegic Research, Nottwil,
Switzerland

12:20 – 12:40

Living with chronic neuropathic pain: an interpretative phenomenological analysis of community experience

Jasmine Hearn, PhD Student at the University
of Buckingham, United Kingdom

Scientific programme

Thursday, May 7, 2015

12:40 – 14:00 Lunch

14:00 – 16:00 **WORKSHOPS**

**Workshop 1: Die subtilen Bewältigungsprozesse
(the subtle processes of coping)**

Dr. Peter Lude, Switzerland

Jörg Eisenhuth, Psychologist, Germany

Professor Wilhelm Strubreither, Austria

This workshop is held in German.

**Workshop 2: Developing a checklist to formulate
psychosocial treatment goals in SCI**

Christel van Leeuwen, PhD, the Netherlands

Workshop 3: Managing challenging behaviour

Professor Paul Kennedy, United Kingdom

16:00 – 16:30 Refresh and talk coffee break

As of 16:30 **Book presentation**

"Clinical psychology in spinal cord injury"

Professor Wilhelm Strubreither, Austria

As of 18:30 **Networking dinner**



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Thursday, May 7, 2015

Networking dinner

at the **Vienna Arts History Museum (KHM)**

On **Thursday, May 7, 2015, at 18:30**, a networking dinner will take place at the Vienna History Museum (KHM), which will be an occasion for the attendees to share knowledge and network with colleagues from different countries.

In addition to that, the attendees will have the opportunity to visit the unique arts exhibition of the museum.

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Scientific programme

Friday, May 8, 2015

As of 08:30 Registration and wake-up coffee

SESSION 3

09:30 – 10:50 **SCIENTIFIC SESSION 3:
Resilience, hope and rehabilitation**
Chair: Dr. Magnus Elfström

09:30 – 09:50 **Is the resilience scale for adults measuring
well-established personality constructs?**
Hannah Vinner, Psychologist, Sunnaas Rehabilitation
Hospital, Oslo, Norway

09:50 – 10:10 **Ethnicity and rehabilitation outcomes:
the needs assessment checklist**
Imogen Cotter, Clinical Psychologist, National Spinal
Injuries Centre, Aylesbury, United Kingdom

10:10 – 10:30 **The trajectory of hope: pathways to finding meaning
and reconstructing the self after a spinal cord injury**
Divya Parashar, Rehabilitation Psychologist,
Indian Spinal Injuries Centre, New Delhi, India

10:30 – 10:50 **Mental and social rehabilitation Toolkit in persons
with spinal cord injuries**
Christel Van Leeuwen, Centre of Excellence in
Rehabilitation Medicine, De Hoogstraat and University
Medical Centre Utrecht, the Netherlands

10:50 – 11:15 **Refresh and talk coffee break**

11:15 – 12:30 **KEYNOTE SPEECH:
Depression after SCI: State of
the science and clinical implications**
Charles Bombardier, Professor of Rehabilitation
Medicine University of Washington, United States

Scientific programme

Friday, May 8, 2015

12:30 – 14:00 Lunch and poster viewing

Poster no. 1: Mental well-being in patients taking part in sports activity

Daniela Rossetti, Norma Mazzoli, Flora Morara, Andrea Lascaro, Montecatone Rehabilitation Institute, Italy

Poster no. 2: Testing deficits in visual attention in patients with tetraplegia:

Evidence from a traumatic brain injury population

Ingo Pals, Psychological Service at BGU Murnau, **Kathrin Finke**, Ludwig Maximilians University Munich, Germany

14:00 – 15:40

**SCIENTIFIC SESSION 4:
Qualitative research and adjustment in SCI**
Chair: Dr. Peter Lude

SESSION 4

14:00 – 14:20

Resilience among subjects with spinal cord injuries and multi-traumas: a qualitative approach

Ingar Larsen, Clinical Psychologist, **Anne-Kristine Schanke**, Sunnaas Rehabilitation Hospital, Department of Psychology, University of Oslo, Norway

14:20 – 14:40

Adjusting to motherhood with a spinal cord injury: the lived experience of 8 women

Maeve Nolan, Clinical Psychologist, **Anne-Marie Casey**, National Rehabilitation Hospital, Dublin, Ireland

14:40 – 15:00

Adjusting to acquired disability (SCI): an exploration of the effects of preinjury contact with disabled people on post injury illness perceptions

Christine Wilson, Consultant Clinical Psychologist, MCSI RJAH Hospital, Shropshire, United Kingdom

Scientific programme

Friday, May 8, 2015

- 15:00 – 15:20** **Research translation in practice: An “alternative guide” to coping with spinal cord injury**
Anthony Papatomas, Lecturer in Sport and Exercise Psychology at the Loughborough University, Leicestershire, United Kingdom
- 15:20 – 15:40** **User led session**
Peer mentoring: a high impact low cost intervention supporting positive adjustment after spinal cord injury
Stef Cormack, Head of Services for Back Up (UK user led charity for people affected by spinal cord injury), London, United Kingdom
- As of 15:40** **Closing remarks**

Saturday, May 9, 2015

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As of 10:00

**Guided tour through
“Vienna for psychologists”
(optional)**

Saturday, May 9, 2015

Guided tour through "Vienna for psychologists" (optional)



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On **Saturday, May 9, 2015**, at the **main entrance of Votivkirche**
(Rooseveltplatz 8, 1090 Vienna) **at 10 o' clock**

It costs **€ 15** per person.

Explore the origins of psychology in Vienna and investigate the sensational role that Sigmund Freud played in the late 19th century.

Saturday, May 9, 2015

Guided tour through "Vienna for psychologists" (optional)

On the guided tour, you will visit historical sites like the Sigmund Freud Museum, where Sigmund Freud lived and worked, the Former General Hospital ("Altes AKH") with its "Fool's tower" ("Narrenturm") and the "Art Nouveau Lecture Hall" at the Medical University of Vienna and much, much more... allow yourself to be amazed and fascinated by the beauties of Vienna!



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Congress registration

Online registration under <http://online-services.auva.at/congress>
Click on the header "events" and select "ESPA 2015"

Send the completed registration form to the

Office for International Relations and Convention Management,
AUVA, Adalbert-Stifter-Strasse 65, 1200 Vienna, Austria

Fax: +43 5 93 93-20198

After receiving your registration form, the office will send you a confirmation of participation and the invoice.

Congress fees	Regular booking until April 23, 2015	Onsite
Regular fee*	€ 250	€ 300
Students	€ 100	€ 150
AUVA staff	Free of charge	Free of charge
Networking dinner for accompanying person(s)	€ 50	€ 50
Optional guided tour on Saturday, May 9, 2015 (per attendee accompanying person)	€ 15	€ 15

* Congress fee includes admission to the congress and the exhibition area, congress bag, coffee breaks, lunches and participation in the networking dinner.

Congress registration

Deadline for registration: April 23, 2015

After this date, pre-registration is no longer possible. However, onsite registration is possible during the congress at the higher fee.

Payment

Please make the payment to the following account:
Allgemeine Unfallversicherungsanstalt – key words "ESPA 2015",
Raiffeisen Zentralbank, Vienna
IBAN: AT08 3100 0020 0010 5460
BIC: RZBAATWW

Please write the invoice number (or name) on the transfer form, otherwise we cannot allocate your payment.

Cancellation and refunds

Cancellation has to be made in writing ([hik\(at\)auva.at](mailto:hik(at)auva.at)). Participants will get a refund for requests received before April 23, 2015 minus a processing fee of € 20,00. After that date no refunds will be provided. However, another participant can be nominated instead.

Hotel booking

The organizing committee of ESPA 2015 has made special arrangements with the **Vienna Marriott Hotel** and **Motel One Vienna-Staatsoper**. These hotels provide a contingent of rooms at special rates to participants of **ESPA 2015** in the period of **May 6 – 10, 2015**.

Vienna Marriott Hotel** (conference venue)**

**€ 190 single or double use/per room/per night
plus € 20 for breakfast**

In order to book a room in the Vienna Marriott Hotel, please direct your booking request to the hotel by calling **+43 1 515 180** (**keyword ESPA2015**) or using the link below:

<http://goo.gl/Szi78f>

Motel One Vienna-Staatsoper***

(Elisabethstrasse 5, 1010 Vienna, 800m from the conference venue)

€ 92 single use/per room/per night plus € 9.50 for breakfast

€ 108 double use/per room/per night plus € 9.50 for breakfast

If you wish to book a room at the Motel One Vienna-Staatsoper, please fill in the enclosed hotel reservation form and send it directly to the hotel.

**For wheelchair suitable rooms,
please contact Amra Causevic
amra.causevic@auva.at**

City map



Motel One Vienna-Staatsoper***

Vienna Marriott Hotel****
(conference venue)

Conference venue

How to find Vienna Marriott Hotel

Address:

Parkring 12a, 1010 Vienna

Arrival by airplane

- **Taxi** from Vienna International Airport to the hotel:
approximately 20 min/EUR 30,00
- **Public transport:**
Upon landing at Vienna International Airport, Wien Schwechat, take the CAT (www.cityairporttrain.com) to its final destination Wien Mitte/Landstrasse. The journey takes 16 minutes. The CAT stop is only 650 metres away from the Vienna Marriott Hotel.

Arrival by public transport

- U4 Stadtpark
- U3 Stubentor

We recommend to buy the Vienna Card which allows you to use the Viennese public transport system (subway, bus and tram) for 48 or 72 hours. It costs only € 13.30 or € 16.50. For detailed information regarding public transport while in Vienna, please visit: www.wienerlinien.at

Parking

The area around the Vienna Marriott Hotel is a short-term parking zone with a maximum stay of 2 hours from Monday to Friday. Parking in the garage of Vienna Marriott Hotel is also possible (€ 4.50 per hour / € 45 per day – for hotel guests € 35 per day).

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Relations and Congress Management

Phone: +43 5 93 93-20192

Fax: +43 5 93 93-20198

amra.causevic@auva.at

Registration and payment

Michaela Döller

Phone: +43 5 93 93-20196

michaela.doeller@auva.at

Online registration at:

<http://online-services.auva.at/congress>

